

**WHAT IS CLAIMED IS:**

1. A reusable reminder comprising a sheet having an indicia receiving surface, said sheet further comprising a plurality of flexible tabs forms therein, said tabs comprising punched portions of said sheet.
2. The invention according to claim 1 said sheet comprising said tabs oriented horizontally on said sheet.
3. The invention according to claim 1 said sheet comprising said tabs oriented vertically on said sheet.
4. The invention according to claim 3 said indicia receiving surface further comprising horizontal lines, said sheet comprising at least one tab per horizontal line.
5. A reusable reminder device comprising a plurality of sheets, at least one of said sheets having an indicia receiving surface, said sheet further comprising a plurality of flexible tabs formed therein, said tabs comprising punched portions of said sheet.
6. The invention of claim 5 further comprising an indicia reproduction means disposed between at least two of said sheets.
7. The invention of claim 6 said indicia reproduction means comprising carbon paper.
8. The invention of claim 5 further comprising a pad of sheets.
9. The invention of claim 1 comprising a shopping list.
10. The invention of claim 1 comprising a to-do list.
11. A reusable reminder comprising a sheet having an indicia receiving surface, said sheet further comprising a plurality of flexible tabs forms therein comprising punched portions of said sheet, said sheet further comprising at least one redeemable coupon.

12. The reusable reminder as described in claim 11, said reminder comprising a plurality of sheets containing at least one coupon on each sheet.
13. The reusable reminder as described in claim 11, said reminder comprising a pad of sheets containing at least one coupon on at least one of said sheets.
14. The reusable reminder as described in claim 11, said coupon attached to said sheet by a perforated connection.
15. The reusable reminder as described in claim 11 further comprising a plurality of consecutive sheets comprising coupons.
16. The reusable reminder as described in claim 11 comprising a pad of sheets containing at least one coupon and at least one sheet without a coupon.
17. The invention according to claim 1 comprising preprinted indicia.
18. The invention according to claim 1 said sheet comprising at least two openings formed therein for receiving the rings of a ring-type binder.
19. The invention according to claim 5 said plurality of sheets comprising at least two openings formed therein for receiving the rings of a ring-type binder.
20. The invention according to claim 11 said sheet comprising at least two openings formed therein for receiving the rings of a ring-type binder.
21. The invention according to claim 5 further comprising a means for adhering said pad to a surface.
22. The invention according to claim 21 said means for adhering said pad comprising adhesive.
23. The invention according to claim 21 said means for adhering said pad comprising at least one magnet.